No More Compliance for Compliance Sake: Letting Go and Rethinking Behaviors to Promote Inclusion

Cassie Borges, M.Ed, BCBA, LBA caborges@uw.edu

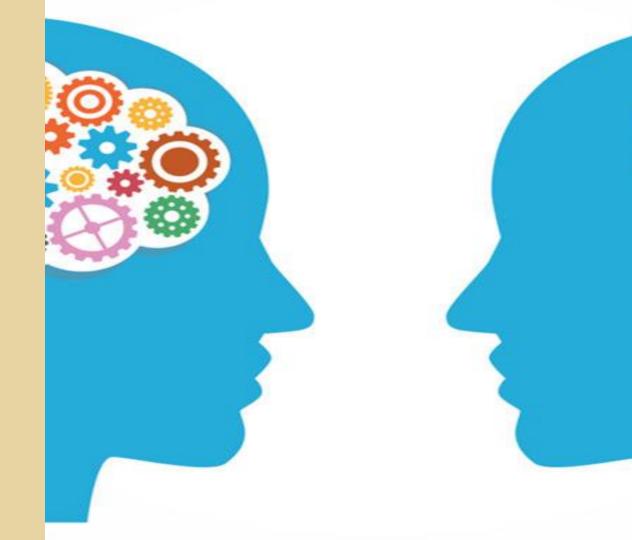
UNIVERSITY of WASHINGTON

HARING CENTER
FOR INCLUSIVE EDUCATION



Learning Environment Expectations

- Be Mindful of others
- Keep an open mind – growth mindset
- Be an active participant take risks and be vulnerable
- Take care of your needs



Learning Targets



TO UNDERSTAND WHAT COMPLIANCE IS AND HOW TO THINK ABOUT IT DIFFERENTLY



TO GAIN AN UNDERSTANDING OF BEHAVIOR AS A FORM OF COMMUNICATION



TO LEARN ABOUT CREATING
COLLABORATION AND
PARTNERSHIPS WITH
STUDENTS

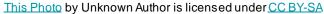




Agenda

- Introductions
- Compliance
- Break
- Behaviors
- Next Steps
- Closing













Introduction







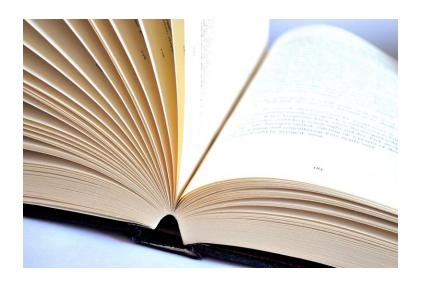
Warm Up







Would you rather... read a book or watch a movie?



or





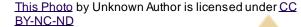


Would you rather... live in an arctic climate or desert climate?



or







Would you rather... travel back in time to the past or to the



future?

or







What is Compliance?

UNIVERSITY of WASHINGTON

HARING CENTER



Case Study

An 8 year old child is asked to sit in their seat for the duration of lunch. They often start sitting then move to crouching and have fallen out of their chair.

*They are not complying with the rule of sitting and are



 $\underline{\text{This Photo}}$ by Unknown author is licensed under $\underline{\text{CC}}$ $\underline{\text{BY-SA}}.$



getting hurt.



What is Compliance?

- 1 a. The act or process of complying to a desire, demand, proposal, or regiment or to coercion
- 1 b. Conformity in fulfilling official requirements
- 2. A disposition to yield to others
- 3. The ability of an object to yield elastically when a force is applied
- Synonyms: acquiescence, compliancy, docility, submissiveness, biddability, deference, obedience





What is Compliance?

Another Definition:

Completing an instruction within a determined time period



This Photo by Unknown author is licensed under CC BY-SA.





What does compliance mean to you?

- Write it down
- Share out loud
- Share it in the chat







Duration

TimeUp

Finding the WHY

"Our WHY is our purpose, cause or belief—the driving force behind everything we do."

- Simon Sinek, Find Your Why: A Practical Guide for Discovering Purpose for You and Your Team





Why compliance?

- > It's the status quo: "This is how it's always been done"
- > Students are learning
- > To have power, control, or promote respect
- > Safety





Other things to consider

- > Who is the compliance for?
 - Teacher
 - Student
 - Class
- > How much compliance are we asking for?
- > What is the objective vs the activity?
 - i.e. does it matter??







Checkin



Gentle

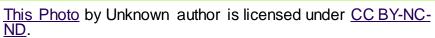
REMINDER:

Take care of myself today.



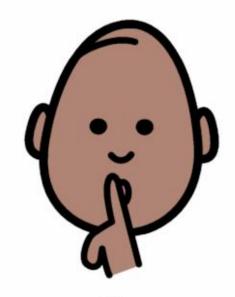
Lisa A. McCrohan, www.barefootbarn.com







Example











keep hands in lap

















Example



 $\underline{\text{This Photo}}_{\text{CC BY-SA}}$ by Unknown author is licensed under





Example









Case Study

An 8 year old child is asked to sit in their seat for the duration of lunch. They often start sitting then move to crouching and have fallen out of their chair.

*They are not complying with the rule of sitting and are



 $\underline{\text{This Photo}}$ by Unknown author is licensed under $\underline{\text{CC}}$ $\underline{\text{BY-SA}}.$



getting hurt.



5 minute Break



This Photo by Unknown author is licensed under CC BY-NC-ND.





Group Work

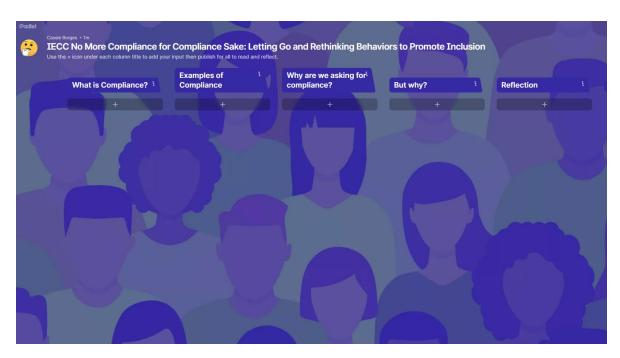
- > In your group:
 - What are examples of compliance in the classroom?
 - What are the whys?
- > Share it out
 - Write a list
 - Draw a picture
 - Share on this padlet







Discussion







Compliance & Inclusion

> The Role of Place







00:02:00

Reflection

- Digital

 Duration: 00

 02 \ 00 \
- > Take 2 minutes to think about what you just heard
 - Post comments or wonderings in the chat
 - Talk about it
 - Journal





Behavior as a form of Communication





*Consider a medical reason first!



4 Functions of Behavior

| Function | | What it Does | When it Happens | What to Do |
|-----------------------|------------|---|---|---|
| S sensery | | Provides stimulation to the pleasure zone in the brain | Anytime, especially when anxious or excited | Provide deceleration techniques and redirect to more appropriate behaviors |
| E Escape | <u>*</u> , | Removes undesired activities, interactions, or situations | When task is too: understimulating, hard, easy, boring, or undesired | Provide a "first, then, when" prompt, offer choices, or alter then length of task |
| A Attention | | Provides access or awareness to/from people or interactions | When social attention is desired | Provide positive reinforcement or attention before the behavior happens. |
| T Trugible | Q | Provides preferred activities or items | When a preferred activity or item is wanted/desired | Provide a transition activity/object, increase accessibility, or provide DRA/DRO |

Honulntervention.com | 831-316-4699

Case Study

An 8 year old child is asked to sit in their seat for the duration of lunch. They often start sitting then move to crouching and have fallen out of their chair.

*They are not complying with the rule of sitting and are



 $\underline{\text{This Photo}}$ by Unknown author is licensed under $\underline{\text{CC}}$ $\underline{\text{BY-SA}}.$



getting hurt.



Other concepts to consider



TRAUMA INFORMED
CARE



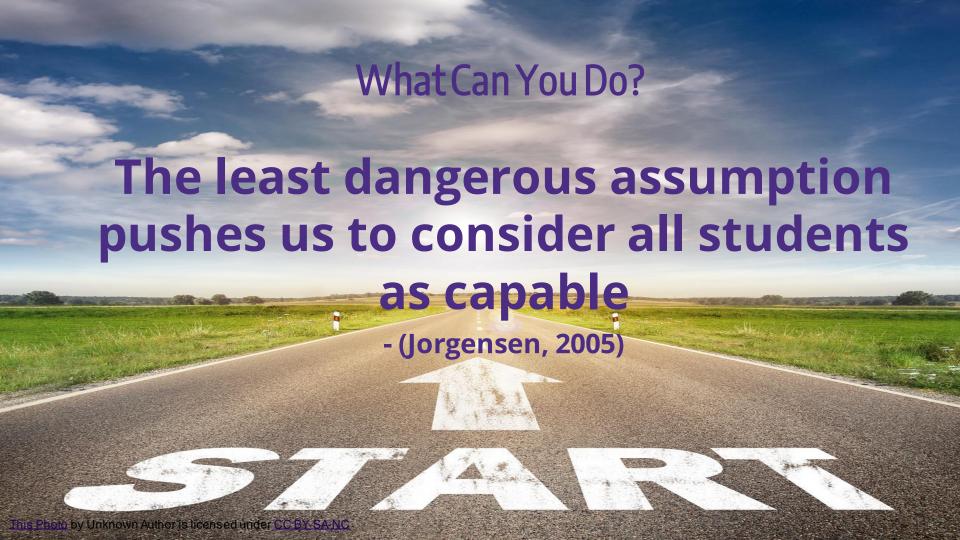
CULTURALLY RESPONSIVE TEACHING



LEAST DANGEROUS
ASSUMPTION







Take Aways

- > Reflect
 - What is the why?
 - Developmental needs and standards
 - What is the student trying to say?
 - > Functions of behavior
 - > What is happening for that student outside of the classroom?
- > Act
 - Help the student
 - > don't be afraid to make changes to your teaching
 - Collaborate with the student and family
 - > Plan with families, embed student input and choice
 - Professional Development (Haring Center and Demosite Visits)







UW Haring Center for Inclusive Edcuation

Haring Center Professional
Development and Training
provides support for any
community interested in advancing
inclusive and equitable education.
Our offerings include program
evaluation, coaching, consultation,
and training and workshops.

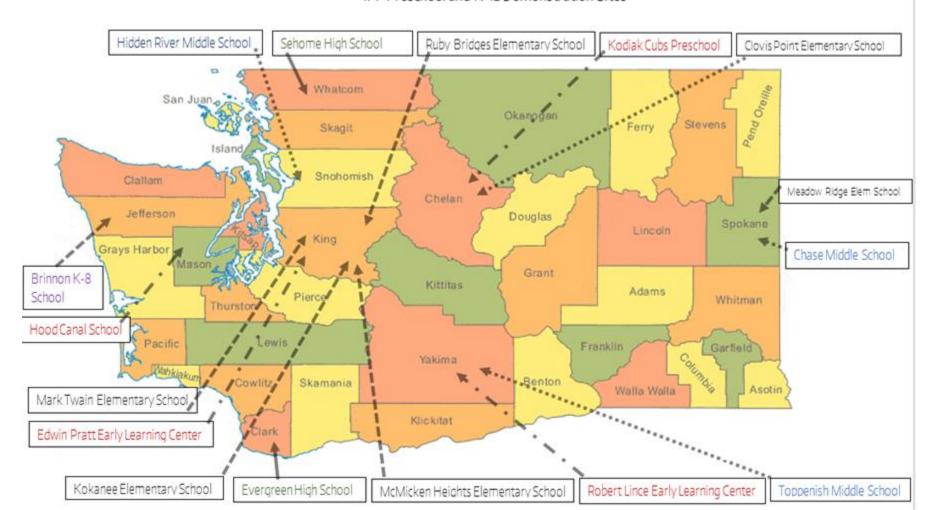


https://haringcenter.org/professional-development/





IPP Preschool and K-12 Demonstration Sites





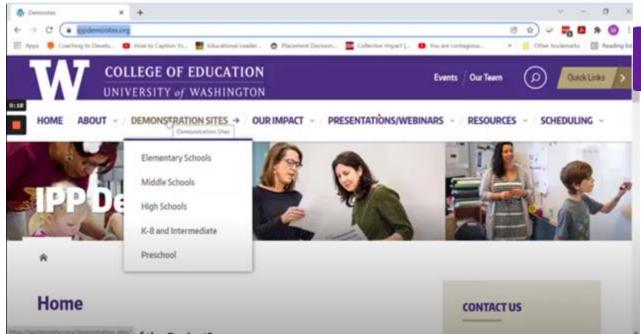
To Schedule a Visit to our Demosites

IPP Demosites Schedule a Visit

IPP Demo Sites

IPP Demosites

https://ippdemosites.org/





IPP Demo Sites



Resources

Washington State Early Learning and Development Guidelines

Simon Sinek: How Great Leaders Inspire Action Video

5 Moore Minutes

NCPMI A Guide for Early Childhood Professionals to Support Children's Resilience

NAEYC Creating Trauma-Sensitive Classrooms

NAEYC Culturally Responsive Strategies to Support Young Children with Challenging Behavior

DEC Position Statement on Multitiered System of Support Framework in Early Childhood

Ties Center Using the Least Dangerous Assumption in Educational Decisions

Building a Culture of Belonging - Dr. Carol Quirk

Inclusion is a Right, not a privilege - UW Demo Sites

UW Haring Center IPP Demosites Website

UW Haring Center Professional Development Website





Challenge

Look at your practice with a discriminative lens to decide if and when compliance is necessary.

Let out your inner child and ask WHY?

Reflect on who the compliance is for, how much is required, what the objective is vs activity, and decide could or should something change?





Quick 5 Minutes Survey

• Please Provide feedback with this **survey**:







Thank you!

Cassie Borges, M.Ed, BCBA, LBA caborges@uw.edu

UNIVERSITY of WASHINGTON

HARING CENTER FOR INCLUSIVE EDUCATION



Questions?



Photo from Animllaw .info



