

# Opportunity for Free Professional Development on Behavioral Supports for School Staff

## Participate in our Study to Examine the Efficacy of the ibestt Tool

Information for administrators

### What is ibestt?

ibestt is an online application developed in collaboration with school teams and teachers to assist schools in developing and implementing positive behavior supports in the classroom for students with persistent challenging behavior. ibestt guides teams and teachers through a five-step behavior support process and provides ways for teams and teachers to collaborate, communicate, and coach around the planned supports. Using ibestt results in staff feeling more supported and leads to better outcomes for students.

### Information about the ibestt study

The study's overall goal is to provide schools with easy and effective ways to communicate and collaborate during the behavior support process and to evaluate the ibestt application. Specifically, we are interested in evaluating

- the effectiveness of the ibestt app in developing and implementing behavior plans,
- the usefulness of ibestt in facilitating communication and collaboration between school team members, and
- the costs associated with using ibestt.

A school's participation in the study will last four years. The first year, schools will use their typical individualized support process. In subsequent years, schools will be selected to participate based on a randomization process. All participating schools will have access to and be trained on the ibestt app at some point. Your school will use the ibestt app to help teachers and coaches develop and implement individualized behavior support plans in classrooms. Coaches who agree to participate will be asked to complete questionnaires at approximately three timepoints per school year. They will receive a \$30 compensation for each timepoint and \$30 for completion of all questionnaires. Teachers and parents will be asked to complete them approximately two times per year and will receive \$100 for completing both. Each time point will consist of multiple measures.

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### How can I get involved in the study?

- Visit the [ibestt.org](http://ibestt.org) or use the QR code below to learn more about ibestt
- Talk to the person who shared this flyer with you!
- Contact [ibesttstudy@uw.edu](mailto:ibesttstudy@uw.edu) or 206-221-8919 if you want to know more information!

### What would you be asked to do as a part of the study?

- Support the use of ibestt by your school team
- Participate in training on the ibestt tool
- Complete online questionnaires and/or interviews for which you will be compensated
- Participate in connecting researchers and potential T3 team members to participate.

### Possible benefits of the study

- Free training and ongoing support from the ibestt team related to individualized student behavior interventions and coaching
- Free access to a communication and collaboration app designed by educators and researchers
- Potential increased knowledge and self-efficacy for school staff in developing and implementing behavior supports.
- Potential improvement on student behavioral and academic outcomes

