

IEP & Me

This short presentation is a chance for you to share about yourself with your IEP team. It helps the adults who support you—like teachers, counselors, and your family—understand what’s important to you, what helps you learn, and what your goals are.

YOU are the most important person on your IEP team! Your voice matters! This presentation helps you take part in your IEP meeting and advocate for yourself.

Make this slideshow your own! Use pictures, colors, and backgrounds that show us your personality!

TIPS:

- Keep it simple and use bullet points or pictures.
- You can talk while showing the slides.
- It’s okay to ask for help from a teacher or adult.
- Be yourself—this is your time to share your story!

THERE ARE NO WRONG ANSWERS

Delete this slide when you are finished.

Slide 1: Title Slide

Choose a title for your presentation like “All About Me” or “My IEP Presentation.”

Add your name.

Add a fun picture or background if you want.

Slide 2: About Me

Share your:

- Name
- Grade
- Fun Things About Yourself (hobbies, favorite foods, sports teams etc.).

Slide 3: My Strengths & What I Need Help With

List a few things you're good at (reading, building things, being kind, etc.).

Then list things that are harder for you or where you need help

- Staying focused
- Reading
- Remembering to raise your hand
- Writing
- Asking for help

Slide 4: My IEP Goals & What I Want to Get Better At

My IEP Goals (Examples):

- **Written Expression:** “I’m working on writing complete sentences” or “I’m learning to organize my ideas in a paragraph.”
- **Math:** “I’m practicing solving word problems” or “I’m working on multiplying fractions.”
- **Adaptive:** “I’m learning how to ask for breaks” or “I’m working on staying safe when I’m upset.”
- **Reading:** “I’m working on reading fluently” or “I’m learning how to understand what I read.”
- **Social/Emotional/Behavior:** “I’m practicing using kind words” or “I’m learning how to stay calm when I get frustrated.”

What I Want to Get Better At:

Write something in your own words that you’d like to improve.

- Example: “I want to get better at turning in my work” or “I want to make more friends.”

Slide 5: Things That Help Me Learn

List accommodations or supports that help you be successful (examples: extra time, quiet space, movement breaks, using a calculator, help reading).

These help your teachers know what works best for you.

Slide 6: My Plans After High School

Share your goals for the future (college, a job, a trade, joining the military, etc.). This is for the transition portion of your IEP, where your team will help you transition from high school to being an adult.

If you don't know yet, you can write about what you're interested in learning more about.

Behavior Intervention Plan (OPTIONAL)

My Triggers (What makes me upset):

- Share what situations or things make you feel upset, frustrated, or overwhelmed.
- Example: "Loud noises," "Being told no," "Getting stuck on hard work."

What Helps Me Stay Calm (Preventative Strategies):

- List the things that help you before you get upset.
- Example: "Taking breaks," "Using fidgets," "Getting clear directions."

How Adults Can Help Me (Helpful Responses):

- Let the team know how adults should respond when you are upset or starting to escalate.
- Example: "Give me space," "Remind me of my coping strategies."

Slide 6: Thank You / The End

- Say thank you to your team for listening.
- You can add a message or image to end your presentation.